

## Frequently Asked

### Questions:

#### HOW DOES IT WORK?

Red and red/infrared LED lights use ranges of wavelengths that penetrate the outer layer of the skin, providing cells with usable energy. This brings about various reactions and healing in the cells.

(NO UV)

#### SHOULD I USE PRODUCTS?

YES! We offer high-end products to help increase the rate of your skin's rejuvenation process, along with moisturizing and continuing on the process by firming and toning features in the products. Most will be a 3 step product process (BEFORE, AFTER, AND DAILY TREATMENT).

#### WHO SHOULD USE RED LIGHT THERAPY?

Red Light Therapy is designed and approved to be used for all skin types and skin tones, and for anyone looking to renew their skin's health and appearance! If you are on medications, you may want to consult with your physician before using Red Light Therapy.

#### CAN I TAN AND DO RED LIGHT THERAPY?

YES! you may use the red light therapy bed the same day you tan. In fact, it is recommended that it be used before tanning, because it will bring blood to the surface of your skin and produces a better tan through increased oxidation of melanin.



*Start your  
journey to  
younger and  
healthier  
looking skin  
today!*

*WALK INS  
WELCOME!*



## REDLIGHT THERAPY REJUVENATION

Red Light Therapy is a

**safe, non-invasive, pain free, all natural process** that encourages your body to naturally produce enzymes, elastin fibers and collagen that support the skin's structure. Thus producing younger, smoother and firmer feeling skin.

This therapy process grants many benefits to the skin, including slowing down aging of the skin by minimizing fine lines and wrinkles, age spots, broken capillaries and scars, along with improving your skin's tone and texture!

This is the new and safe way to rejuvenate your skin!

## BENEFITS of Red Light Therapy



### ANTI-AGING

- Increased Radiance
- Firms aged and tired skin
- Smooths and reduces wrinkles
- Reduces Inflammation in skin conditions like acne
- Reduces the appearance of scars and stretch marks
- More consistent skin coloration and complexion
- Increases moisture retention
- Increases circulation due to the increased formation of new capillaries
- Joint aches, sprains, back pain, arthritis, muscle pain, and inflammation
- Increases oxygenation and restoration of skin's natural cellular activity
- Lightens age spots and under-eye circles
- Reduces pore size
- Promotes collagen production for plumper, more youthful looking skin

\*Red Light Therapy works on and beneath the skin's surface to make you look and feel better, which can also help with anxiety and depression just by getting a little light therapy!

## Recommended Exposure Time and Frequency

Our recommended exposure time per session is 15 minutes.

The more time you spend in the bed, the better the results will be.

If you've never used this type of therapy, you may choose to start your first couple times lower.

IT'S A PROCESS. One time in the bed will not do anything for your skin.

### For Best Results:

At 15 minutes a session:

Week 1-4: 3-5 sessions per week

Week 4-12: 2-3 sessions per week

Week 12+: 1-2 sessions per week  
(to maintain)

\*Results will be noticed around two weeks.

Full results will be noticed around the third and fourth week, but some results may be in as little as 24 hours! However, you don't want to be exposed more than the recommended amount, or the therapy/results will become less effective for you.

## PRICING

Because Red Light Therapy is a process, monthly unlimited packages will be the best option for correct exposure!

1 Month RLТ: \$60

2 Months RLТ: \$110

3 Months RLТ: \$160

\*If you're interested in UV tanning and red light therapy:

1 Month Full Access and RLТ:

\$125

\*If you're interested in spray tanning and red light therapy:

1 Month VersaSpa and RLТ:

\$125

\*If you're interested in tanning, spray tanning and red light therapy:

1 Month Full Access, VersaSpa, and RLТ:

\$145

If you already have a monthly package, there will only be upgrade fee's to use Red Light Therapy!